

MT. MAHOGANY WALK-A-THON



Dear Parents,

Our School Walk-a-thon has been such a successful fundraiser for our school that we are doing it for our 6th year running! If you are new to our school, we'd like to share a few reasons why the walk-a-thon is so great:

- **To encourage students to exercise.** Walking as a physical activity during childhood teaches children a lifetime exercise that can help build healthy bones and control weight. It also helps ward off future health concerns such as high blood pressure, diabetes, heart disease, and stroke. It's a great way to boost self-esteem and relieve stress by easing feelings of worry and depression, even among children.
- **100% of the money raised at this event will be used to fund Mount Mahogany PTA student activities.**
- **No selling!** No products! We are only asking for pledges!

We kicked off the Walk-a-thon with an exciting assembly on Sept. 28th. **The Walk-a-thon will be held on Friday, October 9th at 1 pm (10:45 for a.m. K).** Here's a review of this year's walk-a-thon incentives:

- The top 3 students per grade level who walk the **most # of laps** receive a medal, a certificate, recognition in the Pleasant Grove newspaper & Timpanogos Times, and get to eat a delicious catered lunch with Mrs. Stevenson, Mr. Westover, & Mrs. Jensen on the lawn!
- The student in *each class* who walks the most laps receives a certificate and a FREE ice cream cone from Arctic Circle.
- The top 3 fundraising students in the school each receive a \$50 gift card to Wal-Mart!
- One class per grade level that brings in the most funds total will receive a root beer float party!
- Finally, if we meet our fundraising goal of \$8,000, Mr. Westover/teachers will . . . do something crazy—and students get to suggest what it is!

Plus, every student can win a prize!

Amount Raised \$\$	Pedometer	Liberty Land free game mini golf/laser tag	Free Eats! (Domino's Cinnastix & Jason's Deli kid's meal)	Grand Prize Drawing (bikes, PG pool pass, AF fitness family pass, & more!)
\$5	x			
\$10	x	x		
\$25	x	x	x	
\$50	x	x	x	x

Today you should receive a pledge envelope. Please be safe and only ask your family, friends, and neighbors you know to sponsor you. Sponsors may pledge per lap or make a flat donation. We will also have a place to max out your donation. For example, you can donate \$1.00 per lap up to \$10.00. (Please note that some students can walk 35 laps!) Please return pledge envelopes to your teacher by **Wed., Oct. 7th**. If your student collects flat donations ONLY, please turn in the money at that time. If your student has ANY pledges (based on # of laps), we will record the # of laps on their envelope, return it for you to collect funds and turn in to your teacher by **Wed., October 14th**. **Checks are payable to Mt. Mahogany PTA.** Remember, prizes will be awarded at the November student of the month assembly! We can only guarantee prize availability if your pledges and donations are turned in on time!

Thanks for your support! Event details and a reminder will be sent home next week! Until then, more details are available in the October newsletter on the school's website. **In case of inclement weather the walk-a-thon will be rescheduled for Wednesday, October 14, 2009.** Any Questions? Please call Christy Stevenson 369-4103.